

# What are your 3 hidden strengths?

Who are your three superheroes- past or present?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

For each superhero, what 1 quality do they have that you admire most about them?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Take those 3 qualities and write them again below.

I pledge to strive to incorporate these attributes into my daily life:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Your signature: \_\_\_\_\_